

Behavioral Health

Here With You. And for You. Behavioral Health Care With Heart

It's the wounds we can't see that can hurt the most. Because when we feel disconnected from our selves, it impacts everything: our health, relationships, our work-life, and more. Whether you're dealing with depression, addiction, anxiety, bipolar disorder, or any other behavioral-health issue, AdventHealth offers treatments to help you feel like yourself again — from support groups or one-on-one therapy to advanced treatment and medication plans. No matter how you choose to reclaim the joy and confidence you deserve, our experienced team will be by your side with the expert care and support you need to feel healthy and whole.

If you need immediate help, please call the National Suicide Prevention Lifeline at [800-273-8255](tel:800-273-8255) for free and confidential support 24/7.



Compassionate Care, Unending Support. Healing That Offers Hope

You Are Not Alone

You always have someone on your side at AdventHealth. Whether you need treatment for depression, addiction, anxiety, bipolar disorder, or any other behavioral-health issue, our expert team is here to help. All of our advanced support, educational, and assessment programs are also available to the friends and families of people dealing with behavioral health issues. Just call 1-800-869-1616 to get started. All conversations are completely confidential.

Behavioral Health Treatment Options

Your journey to a more joyful life can follow many paths. For some, talk therapy is most effective. Others benefit from psychiatric care. For those with acute conditions and needs that don't respond to counseling or medications, we also offer advanced brain stimulation therapy to help you get back to living your best life as quickly as possible.

Our inpatient and outpatient behavioral health services help you reclaim your happiness and confidence in the safest, most supportive environment. They include:

- Electroconvulsive Therapy (ECT) – A treatment that can rapidly provide significant improvements for those with severe behavioral-health conditions.
- Individual, Group, or Family Therapy
- Medication Management
- Pediatric and Geriatric Psychiatric Services
- Psychiatrist or Psychotherapist Sessions
- Relaxation Therapy
- Therapeutic Crafts
- Transcranial Magnetic Stimulation (TMS) – A non-invasive procedure that can help improve symptoms of depression.

No matter which path you take, you'll be guided and supported by behavioral health experts you can trust.

A Strong Network of Caring Specialists

With our extensive network of care, we don't leave your behavioral health treatment up to just one specialist. Instead, we're a team with expert physicians, psychologists, social workers, and counselors all working together to support you and your individual needs. Wherever you are, we'll meet you there — and help guide you home. There's nothing we can't overcome together.

A Light for Your Path The Most-Advanced Care

- [Acute In-Patient Care](#)
- [Brain Stimulation Therapy](#)
- [Mental Health Management](#)
- [Psychiatry](#)
- [Psychology](#)

Explore Behavioral Health at Our Locations Nationwide



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Life-Changing Care Behavioral Health Services You Can Count On

We're here to help you find your center, reclaim your joy, and discover (or rediscover) all the things that make life worth living.

[Find Doctors](#)