

# Bariatric and Weight Care

**It's a Long Road**  
**We'll Be There For You at Every Step**

You may feel frustrated, hopeless. Tired of the false starts offered by other weight-loss programs. Today is a new day. At AdventHealth, you'll have a team of world-class physicians, nutritionists, psychologists, and more dedicated to helping you reach and maintain your healthiest weight. Our weight-loss solutions go beyond giving you a healthy diet-and-exercise regimen or even offering the most advanced bariatric surgery options. Our team of experts addresses the needs of your body, mind, and spirit to craft a comprehensive weight-loss program that works in the days, weeks, and years to come. Today is a victory. Because you're here.



**When You Want a Fresh Start**  
**We'll Help You Develop the Play-by-Play**

**An Expert Team as Determined by You**

Going at it alone can be frustrating. Especially when factors beyond your control, like genetics and health conditions, are controlling your weight, your emotions, your relationships, your life. At AdventHealth, you'll have a team of expert specialists dedicated to helping you live your fullest and best life, including:

- Care Coordinators – to help you connect with your medical team and schedule appointments
- Chaplains – to guide you and help you keep the faith
- Exercise Physiologists – to help you find a physical activity you actually enjoy
- Expert Surgeons – skilled in the most advanced and minimally invasive solutions
- Nutritionists – to empower you to shop, cook, and even eat out while still maintaining a healthy weight
- Physicians – ready to craft the best medical weight-loss program for you
- Psychologists – to help you overcome any roadblocks in your way
- Social Workers – to help candidates who qualify for surgery manage their insurance and referrals
- Specially Trained Bariatric Nurses – who know how to heal and keep hopes high

Count on us to develop a weight-loss program that addresses the needs of your body, mind, and spirit while helping you reach your goals.

[Contact Us](#) to set up a consultation.

**Minimally-Invasive Weight-Loss Surgery**

You have options when it comes to reaching your health goals. If your team determines you're a candidate for bariatric surgery, you'll have access to some of the world's top surgeons and highest-rated facilities. More importantly, you'll have our full support every step of the way, from picking the best weight-loss surgical procedure for you to ensuring you have the post-operative care you need and deserve. Enjoy faster healing times compared to other surgical options, less scarring, and a quicker return to living your best life.

Some of the minimally invasive weight loss surgeries we offer include:

- Duodenal Switch – A procedure that promotes weight loss by limiting the amount of food that can be consumed.
- Laparoscopic Adjustable Gastric Band – A procedure that involves implanting an adjustable band that helps you lose weight by reducing the stomach's capacity.
- Laparoscopic Roux-en-Y Gastric Bypass – Patients can lose up to 80 percent of excess body weight. The most dramatic weight loss occurs in the first year after surgery.
- Laparoscopic Sleeve Gastrectomy – A treatment that helps you lose weight by removing approximately 75% of the stomach.

**Expert Weight-Management Support to Help You Reach Your Goals**

When you feel good about yourself, your outlook improves. You have more energy, more hope, and feel more in control of your future. That's why our world-class weight-management specialists are ready to help you overcome the barriers that stand between you and your destiny, while giving you the support you need to maintain your best weight for decades to come.

**Compassionate Behavioral Support**

Becoming your healthiest self is about more than the number on the scale. It's about treating your body well and loving yourself from the inside out. Our behavioral-health-care experts are here to help you overcome any obstacles that stand between you and a healthier, more positive future.

**Explore Bariatric and Weight Care at**  
**Our Locations Nationwide**



[AdventHealth Orlando](#)



[AdventHealth South Overland Park](#)



[AdventHealth Heart of Florida](#)

[All Locations with Bariatric and Weight Care](#)



**Reclaim Your Life**  
**Bariatric and Weight Care You Can Count On**

You've got this, because you've got us. Get the expert guidance and support you need to live healthier, longer.

[Find Doctors](#)

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